



Item: 22888
Quantity: 60 packets

Bios Life™ COMPLETE

Advanced Fiber and Nutrient Drink

- ▶ Clinically proven to lower LDL cholesterol levels
- ▶ Clinically proven to increase HDL cholesterol levels
- ▶ May reduce the risk of cardiovascular disease*

P Product Information

For more than a decade, Bios Life 2® has literally been saving the lives of hundreds of thousands of people across the globe. However, with deaths caused by cardiovascular disease increasing each year, Unicity scientists sought an even better champion in the fight against unhealthy cholesterol levels. The revolutionary answer is found in Bios Life Complete.

Bios Life Complete is the ONLY fiber and nutrient drink that combines all four of the known approaches to lowering harmful cholesterol. This patented approach:

1. Helps to block re-absorption of cholesterol in the intestinal tract
2. Helps to block absorption of cholesterol which comes directly from food after digestion
3. Reduces the cholesterol produced by the liver
4. Enhances enzymatic breakdown and removal of LDL (bad) cholesterol

In a recent study, Bios Life Complete was proven to lower LDL cholesterol for participants with high LDL levels by 31%. Some participants reported decreases of up to 52%. Overall reductions, including participants with fair or better LDL levels averaged over 20%.

Additionally, the average increase of HDL or “good” cholesterol in those participants with low HDL levels was 29%, with some achieving increases of up to 85%. Average increase, including those with normal HDL levels, was 25%.

F Features and Benefits

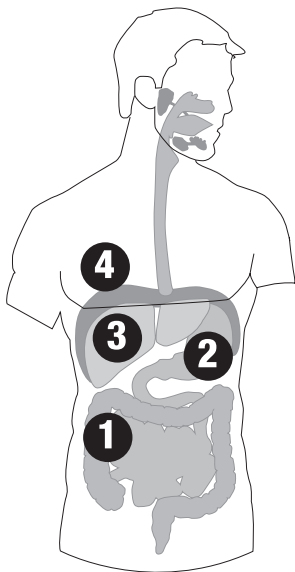
Clinically proven to lower LDL cholesterol, while increasing HDL cholesterol, Bios Life Complete is quickly becoming THE standard in the fight against harmful cholesterol levels.

Furthermore, Bios Life Complete has proven effective where statin drugs have failed. Often, over a period of time, people taking statins discover that their cholesterol remains at a level higher than they (and their doctors) were hoping to reach. Hope is now available. Recent clinical studies have shown that when taking statins in combination with Bios Life Complete, the “statin floor” is broken and cholesterol levels are reduced by an additional 20%. Talk to your doctor about Bios Life Complete before use if you are taking any cholesterol-lowering medication.

Features and benefits of Bios Life Complete:

- Proven to reduce LDL cholesterol levels
- Proven to increase HDL cholesterol levels
- Helps manage appetite naturally

* Foods that contain at least .65g per serving of plant sterol esters, taken twice a day with meals for a total daily intake of 1.3g may reduce the risk of heart disease associated with high cholesterol levels. A serving of Bios Life Complete contains .67g of plant sterols.



Nearly every adult is concerned about maintaining good heart health. Unicity's *Heart Health System* features the latest scientifically formulated products for nourishing and strengthening the cardiovascular system. Each product within the heart health system provides a specific focus to address heart health functions. Bios Life Complete is just one of Unicity's amazing heart-health products.

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? Frequently Asked Questions

Q: I noticed that Bios Life Complete is sweetened with Sucralose. What is Sucralose and is it safe?

A: Sucralose, a low-calorie sweetener, is the sweetening ingredient used worldwide in more than 4,000 food, beverage and nutritional products. The safety of sucralose has been confirmed by leading medical, scientific, and regulatory authorities around the world including; the US Food and Drug Administration (FDA), the Joint (Food and Agriculture Organization/World Health Organization) Expert Committee on Food Additives, European Commission's Scientific Committee on Food, Health Canada, and Food Standards Australia/New Zealand. For more information about Sucralose visit, www.sucralose.org.

Q: Most pharmaceutical drugs produce potentially dangerous side effects. Are there any adverse side effects associated with Bios Life Complete?

A: Bios Life2® and Bios Life Complete have been clinically tested on numerous occasions. No adverse side effects were ever reported or measured in test participants.

R References

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Castano, G., R. Menendez, R. Mas, A. Amor, J.L. Fernandez, R.L. Gonzalez, M. Lezcay, and E. Alvarez, *Effects of policosanol and lovastatin on lipid profile and lipid peroxidation in patients with dyslipidemia associated with type 2 diabetes mellitus*. *Int J Clin Pharmacol Res*, 2002. 22(3-4): p. 89-99

Vanstone, C.A., M. Raeini-Sarjaz, W.E. Parsons, and P.J. Jones, *Unesterified plant sterols and stanols lower LDL-cholesterol concentrations equivalently in hypercholesterolemic persons*. *Am J Clin Nutr*, 2002. 76(6): p. 1272-8

S Science

Cholesterol is a waxy substance found in the bloodstream and in all your body's cells. It's normal to have cholesterol. It's an important part of a healthy body because it's used to build new cells, insulate nerves, and produce hormones.

One type of cholesterol is low-density lipoprotein or LDL. High levels of LDL (bad cholesterol) increase the risk of cardiovascular disease. The American Heart Association states that when too much LDL cholesterol circulates in the blood, it can slowly build up in the inner walls of the arteries that feed the heart and brain. LDL cholesterol can form plaque, a thick, hard deposit that can clog those arteries.

The other type of cholesterol is high-density lipoprotein or HDL. Your body makes HDL cholesterol (good cholesterol) for your protection. Studies show that high levels of HDL cholesterol reduce your risk of cardiovascular disease.

Bios Life Complete effectively works to decrease the level of LDL cholesterol while increasing the level of HDL cholesterol through its patented, natural formula. Listed below are the active ingredients responsible for Bios Life Complete's effectiveness:

Soluble and Insoluble Fibers - trap cholesterol in the GI tract

Phytosterols - decrease absorption of cholesterol from food

Policosanol - reduces cholesterol synthesized (produced) by the liver

Chrysanthemum Extract - enhances the enzymatic breakdown of cholesterol and, therefore, increases the removal of cholesterol from the body

Bios Life Complete is protected by U.S. Patents 6,933,291, 4,883,788, 4,824,672. U.S. and international patents pending.

I Ingredients

Nutrition Facts

Serving Size 1 Packet (6.5 g)
Servings Per Container 60

Amount Per Serving		Calories from Fat 0	
		% Daily Value*	
Total Fat	0.3 g		0%
Saturated Fat	0 g		0%
Trans Fat	0 g		0%
Cholesterol	2 mg		0%
Sodium	25 mg		1%
Total Carbohydrate	3.4g		2%
Dietary Fiber	3 g		12%
Soluble Fiber	2.7 g		
Insoluble Fiber	0.3 g		
Sugars	0 g		
Protein	0 g		

Vitamin A (100% as Beta-Carotene)	13%	Vitamin C	67%
Calcium	7%	Iron	0%
Vitamin E	67%	Thiamin	120%
Riboflavin	120%	Niacin	120%
Vitamin B-6	350%	Folic Acid	55%
Vitamin B-12	417%	Biotin	7%
Zinc	4%	Selenium	4%
Chromium	30%		

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65 g	85 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Guar gum, gum arabic, locust bean gum, pectin, oat fiber, calcium carbonate, beta-glucans, orange flavors, ascorbic acid, maltodextrin, niacinamide, d-alpha tocopheryl acetate, zinc gluconate, pyridoxine HCl, riboflavin, thiamin HCl, beta-carotene, chromium polynicotinate (ChromeMate®), folic acid, biotin, sodium selenite, cyanocobalamin, phytosterols (b-sitosterol, campesterol, stigmasterol), policosanol, chrysanthemum morifolium extract, sucralose, citric acid. ChromeMate® is a registered trademark of InterHealth N.I.

For more information, contact your local Unicity Associate.

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